

WCNY IPA PARTNER TRAINING MENU

1

Foundations

Confidentiality
Ethics
History of Our Movement
The Importance of Advocacy
Trauma Informed Approaches
Human and Patients' Rights in NYS and
Olmstead
Person Centered Principals
Psychiatric Rehabilitation
Essentials of Communication



2

SKILL BUILDING

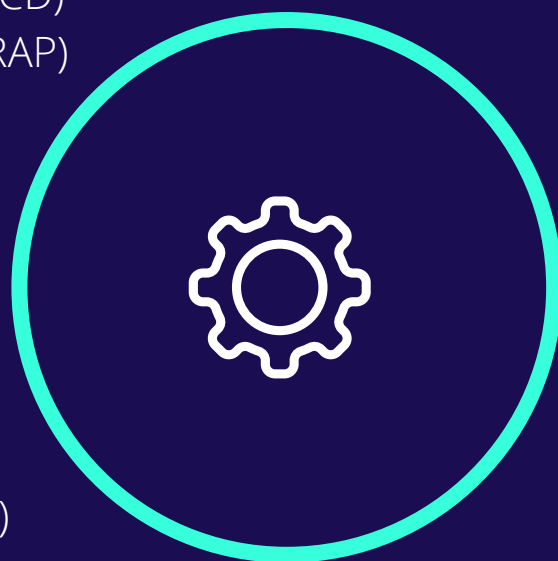
Americans with Disabilities Act (ADA)
Creating Person-Centered Service Plans
Documentation
How to Meet and Mingle
Importance of Play
Introduction to Group Facilitation
Motivational Interviewing
Personal Medicine Coaching
Psychiatric Advance Directives



3

PROGRAMS

8 Dimensions of Wellness
Asset Based Community Development (ABCD)
Intro to Wellness Recovery Action Plan (WRAP)
Peer Delivered Service Models
The Goal Is Recovery
Transition of Care Wellness
Trauma Informed Approaches
Trauma Informed Peer Support
Wellness Recovery Action Plans (WRAP)
Wellness Self Management
Whole Health Action Management (WHAM)
Bridger Model for Transitional Peer Support
Chronic Disease Self-Management



4

ROLE

Action Planning for Wellness and Prevention
Assertiveness Basics
Burnout Prevention
Communication Skills
Critical Time Intervention
Cultural Humility
Navigating Challenging Conversations
Overview of Social Security Benefits
Skills in Negotiation



**For more information,
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